



# REQUEST FOR ASSISTANCE IN COMPETITION

COUNTRY	CODE	ATHLETE NAME	BIB NUMBER
EVENT		CLASS	
		MALE / FEMALE	
DATE		TIME	LANE
		a.m. / p.m.	

The athlete named above requests assistance in setting starting blocks in a track event.

**Blocks are this way round:**



**Blocks are this way round:**



**PLEASE CROSS OUT WHICH DOES NOT APPLY**

**Distance from start line to front block:** ..... **cm**

**Distance from start line to back block:** ..... **cm**

This form must be given in at the Call Room as the athlete arrives for final call.

Official's signature: ..... Name: .....

Notes: .....

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