

PIT # _____

Shot Size	Implement #	Discus Size	Implement #	Javelin Size	Implement #	Club Size	Implement #
1K		.75K		250g			
2K		1K		400g			
3K		1.5K		500g			
4K		2K		600g			
5K				700g			
6K				800g			
7.26K							

Personal Implements

[illegible]