



Track and Field Event Director Competition Quick Tips

Sanctioning

Sanctioning is obtained from Adaptive Track and Field USA (ATFUSA) and Move United and may additionally be obtained from USA Track and Field (USATF) and/or World Para Athletics (WPA).

Requirements	Level 1	Level 2	Level 3
A legal distance and approved track surface 400 meter track must be used.		X	X
A track survey must be submitted for approval (“Mondo” like surface is highly recommended).			X
Track lanes must be a minimum of 42” (unless an exception is given)		X	X
The event must run a full ATFUSA complement of events for all Para athlete classes. (Exceptions can be made if approved and published in advance)			X
The event may add events not in a traditional track program (ie: powerchair 100m)	X	X	X
All events must be Electronic timed (events longer than 1500m may be hand timed).			X
Events may be hand timed or electronically timed.	X	X	
Wind gauge must be used for the 20m, 40m, 60m, 100m, 200m, long jump, and triple jump.			X
Seated field may be offered on a turf field for open, master, or junior athletes	X	X	X
Ambulatory field must be offered in legal concrete circle venues		X	X
Ambulatory long jump, triple jump must be contested on a suitable runway with a legal takeoff board (wood or taped).		X	X
Ambulatory high jump must be run in an approved high jump venue		X	X
Ambulatory and seated discus & club must be contested in a protective cage	X	X	X
All lead officials on the track and at each field pit must be USATF or WPA certified officials.		X	X
There must be a minimum of 1 certified field official per pit with a strong suggestion to have 2 or more.		X	X
There must be a minimum of 5 track officials (Referee/finish line, starter, umpires, and wind gauge [if not provided my timing company]).		X	X
The Track and Field Referees must have WPA certification or be approved by ATFUSA/Move United.		X	X
All officials utilized should be SafeSport certified and in good standing with their certification organization (ie: WPA, USATF, etc.).	X	X	X
Weights and measures official(s) is required.			X
Volunteer officials with no certification from USATF/ High School/ NCAA may be used for either field or track events.	X		
Volunteer officials with no certification from USATF/ High School/ NCAA may be used as volunteers as 2nds or the third official in a pit.		X	X
Results may be used as proof of performance to qualify for national level competitions such as Move United Junior Nationals or US Paralympics nationals/trials.		X	X
Results for junior age athletes may be submitted for national record consideration			X
Results for Open and Master 35, Master 50 or Master 60 age groups may be submitted for national record consideration.			X



Track and Field Event Director Competition Quick Tips

Rules and Regulations

Track and field competitions sanctioned by Move United are conducted in accordance with WPA rules except those that are clearly outlined within the ATFUSA rulebook. Refer to the WPA and ATFUSA rulebooks for specific rules and regulations.

Venue

Field

Competition venue space must be provided for shot put, discus, javelin, club, high jump, triple jump, and long jump.

Ambulatory field – Athletes use standard field pits. The Discus pit must be caged and the javelin runway must be level and smooth (preferably paved with track surface). The long/triple jump pit(s) must be clean, filled appropriately, and be the proper width. The runway should be flush with the ground. For larger events, a facility with 2 jump pits is recommended but not a requirement.

Seated field – Approximate space required is 25-50 yd x 12 yd per pit wide (ex: 120 yd for 10 pits) on an accessible, relatively flat, freshly mowed field. Each throwing area must accept 4, 15” stakes driven into the ground around the throwing circle to tie down the athlete in his/her field chair. Irrigation systems should be turned off during hours of competition and a map of the irrigation system should be provided to the event's logistics team to avoid damage to the pipes by the stakes. Portable cages must be available for seated discus and club throws. Plywood or platforms are recommended but not mandatory.

Track

A 400-meter outdoor oval track with 2 parallel straight-aways of equal length and 2 approximate single radius turns. Track must be accessible to all participants. Eight or more 400m and 100m lanes is recommended with each lane being a minimal of 42” (1.06 meters with only the line on the right hand of each lane included in the measurement of the width of each lane/ 40" lane with one 2" line). The track surface must be level and should have no more than 1:100 inclination. It is recommended the surface be a Mondo surface or similar. An inside rail is recommended but not required. The lane markings should be consistent with World Athletics (WA) rules. The finish line should be at the spectator stand’s side. A track with a damaged surface such as cracks, lifting of synthetic surfaces, dips, bumps, drop off the outside edge, inconsistent lane lines/width is not acceptable. A track survey confirming all track markings and distances, consistent with WA rules, must be submitted for the track to be sanctioned by ATFUSA/Move United, USATF, and WPA. There should be ample space outside of the track but within the stadium venue for athletes/teams to set up their tents and belongings. Additionally, there must be room for a call room near the track (recommended to be near the start of the 100m). There should be easy and accessible access to the track from the call room and an accessible exit from the track near the finish line.

Classification

	Impairment
--	-------------------



Track and Field Event Director Competition Quick Tips

Sport	Impaired Muscle Power or Range of Motion (SCI, Polio, etc.)	Leg Length Difference	Limb Deficiency	Short Stature	Visual Impairment	Intellectual Impairment	Hypertonia, Ataxia & Athetosis
Track & Field	X	X	X	X	X	X	X

An athlete can have up to two classes: running and jumping (T) and throwing (F).

- Running and Jumping
 - T11-T13: Visual impairment – ambulatory
 - T20: Intellectual impairment – ambulatory
 - T33-T34: Co-ordination impairments (hypertonia, ataxia and athetosis) – wheelchair
 - T35-T38: Co-ordination impairments (hypertonia, ataxia and athetosis) – ambulatory
 - T40-T41: Short stature – ambulatory
 - T42-T44: Lower limb competing without prosthesis affected by limb deficiency, leg length difference, impaired muscle power or impaired passive range of movement – ambulatory
 - T45-47: Upper limb/s affected by limb deficiency, impaired muscle power or impaired passive range of movement – ambulatory
 - T51-T54: Limb deficiency, leg length difference, impaired muscle power or impaired passive range of movement – wheelchair
 - T61-64: Lower limb/s competing with prosthesis affected by limb deficiency and leg length difference – ambulatory
- Throwing
 - F11-F13: Visual impairment – ambulatory
 - F20: Intellectual impairment – ambulatory
 - F31-F34: Co-ordination impairments (hypertonia, ataxia and athetosis) – seated
 - F35-F38: Co-ordination impairments (hypertonia, ataxia and athetosis) – ambulatory
 - F40-F41: Short stature – ambulatory
 - F42-F44: Lower limb competing without prosthesis affected by limb deficiency, leg length difference, impaired muscle power or impaired passive range of movement – ambulatory
 - F45-F46: Upper limb/s affected by limb deficiency, impaired muscle power or impaired passive range of movement – ambulatory
 - F51-F57: Limb deficiency, leg length difference, impaired muscle power or impaired range of movement – seated
 - F61-F64: Lower limb/s competing with prosthesis affected by limb deficiency and leg length difference – ambulatory

Officials

Local USA Track and Field (USATF) officials may be used; however, it is recommended that the lead official either be a WPA certified official or have experience officiating meets for athletes with a disability.

Additionally, all officials are encouraged to take the Para Officials Level 1 training course prior to officiating their first para meet. A list of officials that have passed the Para Officials Level 1 training course and their location can be found on the ATFUSA website.



Track and Field Event Director Competition Quick Tips

Official's Role	Minimum # Required	Notes
Technical Delegate	1	Only needed if WPA sanctioned event. TD is assigned by WPA to your event.
Referee	1-3	Number of referees needed depends on the number of participants and venue layout. You will need at minimum, 1 track referee and 1 field referee. This may be the same individual if track and field are not contested at the same time.
Field officials	TBD	It is recommended that you use 2 officials (or more) per field pit. 3 is best practice.
Track officials	5 minimum	Track official roles include starter, finish line judge, umpire, clerk of course (staging), wind gauge (if applicable)
Starter	1-2	You must have a starter and a recall starter is recommended.
Clerk of course	1-3	The more athletes at your event, the more clerks you will require in staging.
Umpire	4	At minimum of 3 umpires are needed with a recommendation for 4 to 6 for track events.
Finish line	1	

If you are running a Move United Level 2 (& Level 1 recommended) meet and you do not have the number of Para certified officials recommended above, then at a minimum the head Field Referee must be certified and approved by ATFUSA. Additionally, each lead pit official must be certified USATF or state high school officials with experience in the implements contested.

Seated Field

There are 2 variables you should consider when including seated field at a meet:

1. The number of seated field athletes along with their age group, classifications, and genders.
2. The number of field pits needed to finish the competition session in 4 hours or less.

Once you know how many seated field athletes you will have/expect, you should estimate 15 minutes per athlete per implement (45 minutes per athlete throwing all 3 implements). With that said, if you are trying to keep to a 4 hour or shorter field session, you should have no more than 6 to 7 athletes per pit if you are contesting all implements within that pit. If you cannot accommodate all athletes in a 4 hour period, you should schedule 2 or more sessions or more throwing pits, as needed.

Example: 24 athletes competing = 24 divided by 6 athletes per pit = 4 pits

Athletes can be grouped by age group, classification, and/or gender (although you may combine Male and Female in a pit for Field as long as you separate the results). You must group athletes of like age, classification, and gender into the same pit. Therefore, it is possible you will have a pit with more than 7 athletes. However, at local meets it is unlikely this will happen. Keep in mind that different age groups, classifications and genders



Track and Field Event Director Competition Quick Tips

may use different implement weights; so the lead official is responsible for ensuring that each athlete uses the proper implement. Refer to the Appendix for a seated field layout diagram.

Age Divisions:

ATFUSA Junior age divisions (approved with Move United). Competitors will be assigned to age divisions based upon the athlete's age in the competition year (age as of 12/31/XX):

- Futures (< 7) *Not a Jr. National age group
- U11 (7, 8, 9, 10)
- U14 (11, 12, 13)
- U17 (14, 15, 16)
- U20 (17, 18, 19)
- U23 (20, 21, 22)

ATFUSA Adult age divisions

- Open (14 as of 12/31/XX)
- Master 35+ (age the day of competition)
- Master 50+ (age the day of competition)
- Master 60+ (age the day of competition)

WPA age divisions:

- Open (14 as of 12/31/XX)
- U17 (14,15,16) (as of 12/31/XX)
- U20 (17,18,19) (as of 12/31/XX)
- Master 35 (age the day of competition)